MEK Bio

Mary Ellen Kramp, DPT, CLT-LANA

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Mary Ellen graduated from Springfield College in 1992 with a master's of science degree in physical therapy and received her doctorate from Boston University in 2005. She is the owner of Relief at Hand, LLC, a small manual therapy clinic in Seminole, FL and has been working in women’s health for over a decade. In addition to being a teaching assistant for Barral Institute and Herman & Wallace, she has developed her own continuing education courses to teach Lymph Drainage and Vascular Release for the Pelvic PT. She is a nationally certified lymphedema therapist and is working toward certification in musculoskeletal ultrasound imaging. In 2014 she became the president and co-founder of Pelvic Health Research Initiative, a non-profit organization established to raise money to fund pelvic research. She published a case series report in the Journal of the American Osteopathic Association on manual therapy techniques for the treatment of infertility, and is currently the principal investigator for a multi-site pilot study (*MISS:* **M**echanical **I**nfertility **S**ystematic **S**tudy) on manual therapy for infertility.